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FOR IMMEDIATE RELEASE

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Free GO GURNEE Season Kick-off Event

(Gurnee, IL) Monday, May 1, 2017- It's time to lace up your shoes and get stepping! **GO GURNEE**, presented by Gurnee Park District, will be hosting a free Season Kick-off Event on Sunday, May 7 at 4:00 pm in Viking Park (4364 Old Grand Ave., Gurnee).

The event will include a DJ, 30 minute walk and free raffle along with champion t-shirt pick-up. All well-behaved and leashed dogs are welcome to join in on the fun. They will receive an official and free **GO GURNEE** bandana while supplies last.

"We are very excited to start moving this season and have the community walking outside, again," explained Jennifer Gilbert, **GO GURNEE** champion and director of marketing and community relations with Gurnee Park District.

Residents are encouraged to spread the word and tell their friends, family members and co-workers to come out to the free event. For those that are ready for the challenge and want to become a **GO GURNEE** champion, they should visit <https://www.surveymonkey.com/r/GOGURNEECHAMP2> to learn more, sign up and pick out their t-shirt size.

"This is the perfect way to get back into the swing of things and have fun with the community," added Gilbert.

GO GURNEE is a free community-wide movement that encourages residents to walk for at least 30 minutes each day and designed to promote community values of health and wellness through education, service, spirit and innovation.

To learn about **GO GURNEE**, visit www.GOGURNEE.com or www.Facebook.com/GOGURNEE.

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Photo opportunity. Press are encouraged to attend.

Photo:

- Gilbert family at **GO GURNEE** event