



The items listed in our Approved Snack List were chosen after meeting the USDA Smart Snacks in School criteria and an above average rating on Fooducate.com. These guidelines aim to reduce the sugar, saturated fat and salt content in children's snacks in addition to restricting items that contain high fructose corn syrup, MSG, artificial colors, additives or ingredients. All items on this snack list are peanut and nut free, however please check labels as they may change at any time.

**2019-2020  
APPROVED SNACK LIST**

**FRUITS & VEGETABLES**

- Apple slices, bananas, strawberries, oranges, cuties, pineapple, grapes (halved), etc.
- Carrots, celery sticks, cucumber slices, broccoli, bell peppers, etc.
- raisins
- Dole fruit cups- mandarin oranges, diced peaches or pineapple tidbits, diced pears

**CHEESE & DAIRY**

- cheese-string cheese (*not for children under 3*), sliced or cubed cheeses that are low fat/reduced fat
- Danimals Smoothies & Squeezables
- Gogurt
- Kids Yoplait yogurt

**CRACKERS/CHIPS/CEREALS**

- Annie's Homegrown Bunny-Honey Grahams or Bunny Grahams Chocolate
- Barnum animal crackers
- Cheerios cereal- Regular, Cinnamon Burst, Fruity, Chocolate, or Frosted
- Chex cereal - vanilla, chocolate or cinnamon
- Chip'Ins popcorn chips- plain or white cheddar
- Cinnamon Apple Straws by Sensible Portions or Clancy's (Aldi)
- Cinnamon Toast Crunch cereal
- Full Circle Organic Honey Grahams Teddy Bears
- Golden Grahams cereal
- Goldfish- cheddar, pretzels, s'mores, colors, cinnamon, chocolatey

**CRACKERS/CHIPS/CEREALS (CONTINUED)**

- Honey Maid, Nabisco or Great Value graham crackers- all varieties
- Kirkland Sliced Fruit Apple Slices (Costco)
- Kix cereal- corn, berry, honey
- Pirate's Booty- veggie or aged white cheddar
- Pop Chips- original or cheddar
- PopCorners popped corn chips- regular and kettle caramel
- Quaker Popped Rice- apple cinnamon, cheddar cheese, caramel, butter, kettle
- Quaker Rice Cakes- buttered popcorn, caramel corn
- Rold Gold pretzels- sticks, checkers or honey wheat braids, thins
- Saltine crackers by Nabisco- whole grain, original, mini
- Scooby-Doo graham crackers by Keebler
- Simply Nature Organic Honey Teddy Bear Grahams- Chocolate
- Snack Factory Pretzel Crisps original and minis
- Stacy's Pretzel Thins- Simply Naked
- Sun Chips - original, Harvest Cheddar, French Onion or Garden Salsa
- Teddy Grahams by Nabisco- honey, chocolate, cinnamon
- Triscuit original, Thin Crisps original
- Utz- pretzel sticks or honey wheat braided pretzels
- Veggie Straws by Sensible Portions
- Wheat Thins original

**APPROVED BIRTHDAY TREAT LIST**

Birthday treats from the Approved Birthday Treat List below are limited to birthday celebrations only (however you may bring any item from the above daily snack list as a birthday snack if preferred).

Items that cannot be accepted: cupcakes of any size or variety, cakes

**NO goody bags will be accepted** (although you may choose to bring in **one (1)** non-edible item per child)

- Annie's or Horizon Organic fruit snacks
- belVita breakfast biscuits, Bites (crunchy variety only)
- Nestle Outshine frozen fruit bars, fruit & veggie
- GoGo Squeez fruit and veggie pouches-all variety
- Goldfish- vanilla cupcake
- Honey Maid Grahamfuls- smores
- Kellogg's Nutri-Grain soft baked breakfast bars-cherry, strawberry, blueberry or apple cinnamon
- Kozy Shack pudding- tapioca, chocolate, rice
- Nature's Child pudding- chocolate or vanilla
- Nature's Child Squeezers- berry, mango, applesauce, banana
- Teddy Grahams- birthday cake