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FOR IMMEDIATE RELEASE

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GO GURNEE Connecting Hundreds to the Community

(Gurnee, IL) Monday, June 6, 2016 – **GO GURNEE** has already connected hundreds of residents to accessible, free parks and trails. Gurnee Park District hopes to increase this number this season.

“Summer is a great time to better your health. The entire community has access to dozens of local parks, free fitness events and organized runs/walks. I encourage everyone to go outside this summer, and enjoy all Gurnee has to offer,” stated Jim Goshorn, Gurnee Park District Board President.

The month of May was extremely successful with partnerships from Mayor Kristina Kovarik, Bethel Lutheran Church, Warren-Newport Public Library as well as District 56 and many local businesses. Currently **GO GURNEE** has over 200 champion ambassadors leading the way and spreading the mission of the movement.

The Gurnee community was challenged to walk for 30 minutes each day for the month of May. Many residents walked around their neighborhoods and local parks all month long.

An estimated 100 people joined Gurnee Park District on Wednesday, June 1 at Viking Park in Gurnee to celebrate **GO GURNEE**'s success. The event was free and open to the public.

Community members, business leaders and friends joined the Park District for an inspiration speech from Goshorn and Susie Kuruvilla, Executive Director, along with over 20 raffle prizes and a 30 minute walk to conclude the event.

“**GO GURNEE** is more than a 30 day walking initiative. It is a community movement that we hope to see continue to grow. Our goal is to continue to improve the lives of all our residents throughout the entire year and thereafter,” stated Kuruvilla.

GO GURNEE supporters can be found in Gurnee, at the Indy 500 and even Canada. “This movement is not just impacting the lives of our fellow neighbors. It is really taking off and benefiting the lives of people all over,” explained Kuruvilla.

Join Gurnee Park District as they continue the **GO GURNEE** movement this summer through their free Rec-Mobile events, Gurnee Days 10k Race and 2 Mile Fun Run and free Yoga in the Park.

Visit GOGURNEE.com and Facebook.com/GOGURNEE to learn more about the physical and mental benefits of walking. Use [#GOGURNEE](https://Twitter.com/GOGURNEE) to be a part of the conversation and movement. If you or your business would like to support this free movement, visit GOGURNEE.com.

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Photos Attached:

Goshorn-Kuruville: Jim Goshorn (left) and Susie Kuruville (right)
Sergio_Rivera: Sergio Rivera, Co-owner of Momcorn in Gurnee
GO_Gurnee_Family: GO GURNEE Participants