

Date: April 15, 2016
FOR IMMEDIATE RELEASE

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GO GURNEE Kick-off Event – Community Invited

(Gurnee, IL) Friday, April 15, 2016 – Gurnee Park District is hosting a **GO GURNEE** kick-off event on May 1, 2016 at 6:00 pm in Viking Park located at 4374 Old Grand Avenue, Gurnee.

GO GURNEE is a community wellness movement designed to increase community health through activity, education and collaboration presented by Gurnee Park District.

The first stage of the movement is designed to encourage the Gurnee community to walk for at least 30 minutes each day for the month of May. This event is free and accessible to all who wish to participate.

Visit www.GOGurnee.com and www.Facebook.com/GOGURNEE to learn more about the physical and mental benefits of walking. Use #**GOGURNEE** to be a part of the conversation and movement.

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Press are encouraged to attend. Elected officials and mayor are expected to be in attendance.